| Hot Meal<br>2018   | Calendar   | CCP<br>Wednesday   | SHAMR<br>Ca<br>417.829.299<br>Thursday   | áfe J  |
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| 1<br>Loaded Baked Potato<br>Side Salad<br>Broccoli Cheddar & Chili   | 2<br>3 Cheese Spaghetti and Meatballs<br>Herbed Green Beans<br>Garlic Butter French Bread<br>or<br>Meatball Sub with Chips and Pickle<br>Tomato Florentine | 3<br>Parmesan Crusted Chicken<br>Garlic Mashed Potatoes<br>Herbed California Blend<br>Chicken Wild Rice  | 4<br>Grilled Chicken &<br>Cheese Tortellini Alfredo<br>with Bacon<br>Garlic Bread Stick<br>Cajun Chicken Gumbo | 5<br>Soft or Hard Shell Tacos<br>Jalapeno Corn Soufflé<br>Refried Beans<br>or<br>Taco Salad<br>Vegetable Beef Stew<br>12 |
| 8<br>BBQ Pulled Pork Sandwich<br>Corn on the Cob<br>Chips<br>or<br>Pulled Pork Nachos<br>Cheddar Potato Chowder        | 9<br>Sliced BBQ Beef Brisket<br>Roasted New Potatoes<br>Marinated Green Beans<br>Homestyle Chicken Noodle  | 10<br>Orange Chicken<br>& Broccoli<br>Fried Rice<br>Mini Egg Roll<br>Chicken Corn Chowder  | 11<br>Chicken Parmesan<br>with Marinara<br>Bread Stick with Butter<br>Garden Vegetable Rotini                  | Meatloaf<br>Mashed Potatoes and Gravy<br>Buttered Corn<br>Broccoli Cheddar   |
| 15<br>Chicken Fried Steak<br>Mashed Potatoes & Cream Gravy<br>Monaco Vegetable Blend<br>Roll and Butter                | 16<br>Chopped BBQ Brisket<br>Loaded Baked Potato<br>Side Salad   | 17<br>Burrito Enchilada Style<br>Refried Beans<br>Tortilla Chips & Salsa   | 18<br>2 Crispy Fish Tacos with Pico<br>Spanish Rice<br>Black Bean Corn Salad with Cilantro<br>and Lime         | 19<br>Lasagna<br>French Bread<br>Herbed Fresh Green Beans  |
| Clam Chowder<br>22<br>Crispy Chicken Tenders<br>Curly Fries and Texas Toast<br>or Chicken Tender Wrap with Fries<br>or | Potato Bacon<br>23<br>Loaded Baked Potato<br>Side Salad  | Cajun Chicken Gumbo<br>24<br>Sliced Pit Ham<br>Sweet Potato Souffle<br>Snap Peas   | Cheddar Potato Chowder<br>25<br>Tuscan Baked Ziti<br>Bread Stick<br>California Blend                           | Garden Vegetable Rotini<br>26<br>Soft or Hard Shell Tacos<br>Jalapeno Corn Soufflé<br>Refried Beans<br>or                |
| Crispy Chicken Tender Salad<br>Chicken Wild Rice<br>29<br>Pot Roast  | Broccoli Cheddar & Chili<br>30<br>BBQ Pulled Pork Sandwich<br>Corn on the Cob  | Homestyle Chicken Noodle<br>31<br>Meatloaf   | Mexican Tortilla<br>MEAL PRI   | Taco Salad<br>Broccoli Cheddar   |
| Mashed Potatoes & Brown Gravy<br>Herbed Carrots<br>Cheddar Potato Chowder  | Chips<br>or<br>Pulled Pork Nachos<br>Tomato Florentine<br>Café Hosts a   | Mashed Potatoes and Gravy<br>Buttered Corn<br>Vegetable Beef Stew<br>Selection of Hot and Cold Breakfast Items Av  | \$6.50<br>\$6.85<br>vailable Daily   |  |
|  | Warm up with our NEW<br>Soups for the Fall   | Wednesday Desserts<br>10/3 Pumpkin Crunch Pie<br>10/10 BooBerry Cheesecake<br>10/17 Harvest Apple Bundt Cake<br>10/24 Caramel Apple Mousse Cake<br>10/31 Candy Corn Cake | Don't be SCARED<br>to stop in for Wednesday Desserts!  |  |