

Hot Meal Calendar 2018 September



SHAMROCK cafe



417.829.2999 ext.2999

Monday	Tuesday	Wednesday	Thursday	Friday
3 LABOR DAY	4 3 Cheese Spaghetti and Meatballs Herbed Green Beans Garlic Butter French Bread or Meatball Sub with Chips and Pickle Tomato Florentine	5 Parmesan Crusted Chicken Garlic Mashed Potatoes Herbed California Blend Chicken Wild Rice	6 Grilled Chicken & Cheese Tortellini Alfredo with Bacon Garlic Bread Stick Potato Bacon	7 Soft or Hard Shell Tacos Jalapeno Corn Soufflé Refried Beans or Taco Salad Clam Chowder
10 Loaded Baked Potato Side Salad Broccoli Cheddar & Chili	11 Sliced BBQ Beef Brisket Roasted New Potatoes Marinated Green Beans Chicken Wild Rice	12 Orange Chicken & Broccoli Fried Rice Mini Egg Roll Chicken Corn Chowder	13 Meatloaf Mashed Potatoes and Gravy Buttered Corn Garden Vegetable Rotini	14 Chicken Parmesan with Marinara Bread Stick with Butter Broccoli Cheddar
17 Chicken Fried Steak Mashed Potatoes & Cream Gravy Monaco Vegetable Blend Roll and Butter Clam Chowder	18 Chopped BBQ Brisket Loaded Baked Potato Side Salad Tomato Florentine	19 Burrito Enchilada Style Refried Beans Tortilla Chips & Salsa Potato Bacon	20 Lasagna French Bread Herbed Fresh Green Beans Broccoli Cheddar	21 2 Crispy Fish Tacos with Pico Spanish Rice Black Bean Corn Salad with Cilantro and Lime Garden Vegetable Rotini
24 Crispy Chicken Tenders Curly Fries and Texas Toast or Chicken Tender Wrap with Fries or Crispy Chicken Tender Salad Chicken Wild Rice	25 Pot Roast Mashed Potatoes & Brown Gravy Herbed Carrots Potato Bacon	26 Teriyaki Chicken Sticky Rice Sugar Snap Peas Pot Stickers Broccoli Cheddar	27 BBQ Pulled Pork Sandwich Corn on the Cob Chips or Pulled Pork Nachos Mexican Tortilla	28 Soft or Hard Shell Tacos Jalapeno Corn Soufflé Refried Beans or Taco Salad Tomato Florentine

MEAL PRICING KEY

\$5.95
\$6.40
\$6.75

Café Hosts a Selection of Hot and Cold Breakfast Items Available Daily



Hand Rolled Sushi - Delivered Fresh
Available Daily in your Café - Starting 9-17

Wednesday Desserts
09/05 Caramel Apple Crisp
09/12 Strawberry Crunch Cake
09/19 Confetti Brownie Cake
09/26 Cookies N Cream Cake

Stop in for a Tasty
Breakfast!

