Hot Meal	Calendar			
2019	January		SHAMR 417.829.299	2
Monday	Tuesday	Wednesday	Thursday	Friday
HAP NEWY	PPP EAR	2 Crispy Chicken Tenders Curly Fries and Texas Toast or Chicken Tender Wrap with Fries or Crispy Chicken Tender Salad Chicken Wild Rice	3 Chicken Parmesan with Marinara Garlic Butter Bread Knot Garden Vegetable Rotini	4 Pot Roast Mashed Potatoes & Brown Gravy Herbed Carrots Broccoli Cheddar
Chicken Fried Steak Mashed Potatoes & Cream Gravy Monaco Vegetable Blend Roll and Butter	8 Chopped BBQ Brisket Loaded Baked Potato Side Salad	9 Burrito Enchilada Style Lettuce and Tomatoes Tortilla Chips & Salsa	10 2 Crispy Fish Tacos with Pico Spanish Rice Black Bean Corn Salad with Cilantro and Lime	11 Open Face Turkey Sandwich with Mashed Potatoes & Gravy Herbed Green Beans
Clam Chowder	Potato Bacon	Cajun Chicken Gumbo	Cheddar Potato Chowder	Tomato Florentine
14 Grilled Chicken & Cheese Tortellini Alfredo with Bacon Garlic Bread Stick	15 Loaded Baked Potato Side Salad	16 Sliced Pit Ham Sweet Potato Souffle Snap Peas	17 Soft or Hard Shell Tacos Jalapeno Corn Soufflé Refried Beans or	18 Lasagna French Bread Herbed Fresh Green Beans
Cajun Chicken Gumbo	Broccoli Cheddar & Chili	Homestyle Chicken Noodle	Taco Salad Vegetable Beef Stew	Garden Vegetable Rotini
21	22	23	24	25
Pot Roast Mashed Potatoes & Brown Gravy Herbed Carrots	Orange Chicken & Broccoli Fried Rice Mini Egg Roll	BBQ Pulled Pork Sandwich Corn on the Cob Chips or Pulled Pork Nachos	Tuscan Baked Ziti Garlic Butter Bread Knot California Blend	Meatloaf Mashed Potatoes and Gravy Buttered Corn
Cheddar Potato Chowder	Tomato Florentine	Vegetable Beef Stew	Mexican Tortilla	Broccoli Cheddar
28 3 Cheese Spaghetti and Meatballs Herbed Green Beans Garlic Butter French Bread or Meatball Sub with Chips and Pickle	29 Sliced BBQ Beef Brisket Roasted New Potatoes Marinated Green Beans	30 Soft or Hard Shell Tacos Jalapeno Corn Soufflé Refried Beans or Taco Salad	31 Parmesan Crusted Chicken Scalloped Potatoes Monaco Vegetable Blend	MEAL PRICING KEY \$6.50 \$6.85
Chicken Corn Chowder	Chicken Wild Rice	Clam Chowder	Homestyle Chicken Noodle	
Be Sure to sign up for Email Deals, Monthly Calendars and Birthday Rewards for 2019.		a Selection of Hot and Cold Breakfast Items Av <i>Wednesday Desserts</i> 01/02 French Silk Pie 01/09 Sun Kissed Strawberry Cake 01/16 Chocolate Eclair Cake 01/23 Cherry Cobbler with Whipped Cream	GR PICKUP	e Starting 1/21/2019
Send Your Name, Email, and Birthday to signup@dbdgourmet.com 01/30 Carrot Cake with Cream Cheese Icing Signup@dbdgourmet.com for updates.				