



# Hot Meal Calendar October 2019



# SHAMROCK cafe



417.829.2999 ext.2999

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

4



Chopped BBQ Brisket  
Loaded Baked Potato  
Side Salad

Soft or Hard Shell Tacos  
Jalapeno Corn Soufflé  
Refried Beans  
or  
Taco Salad  
Mexican Tortilla

Grilled Chicken &  
Cheese Tortellini Alfredo  
with Bacon  
Garlic Bread Stick

Meatloaf  
Mashed Potatoes and Gravy  
Sweet Cream Corn

Red Pepper Smoked Gouda Bisque

Tomato Florentine

Cajun Chicken Gumbo

Broccoli Cheddar

7

8

9

10

11

Pot Roast  
Mashed Potatoes & Brown Gravy  
Herbed Carrots

Orange Chicken  
& Broccoli  
Fried Rice  
Mini Egg Roll

BBQ Pulled Pork Sandwich  
Sweet Potato Fries  
or  
Pulled Pork Nachos

Chicken Fried Steak  
Mashed Potatoes & Cream Gravy  
Buttered Corn  
Roll and Butter

Burrito Enchilada Style  
Lettuce and Tomatoes  
Tortilla Chips & Salsa

Chicken Wild Rice

Cheddar Potato Chowder

Homestyle Chicken Noodle

Chicken Fiesta

Broccoli Cheddar

14

15

16

17

18

Tuscan Baked Ziti  
Garlic Butter French Bread  
California Blend

Loaded Baked Potato  
Side Salad

Soft or Hard Shell Tacos  
Jalapeno Corn Soufflé  
Refried Beans  
or  
Taco Salad  
Mexican Tortilla

Parmesan Crusted Chicken  
Scalloped Potatoes  
Monaco Vegetable Blend

3 Cheese Spaghetti and Meatballs  
Herbed Green Beans  
Garlic Butter French Bread  
or  
Meatball Sub with Chips and Pickle  
Broccoli Cheddar

Red Pepper Smoked Gouda Bisque

Tomato Florentine

Chicken Fiesta

Broccoli Cheddar

21

22

23

24

25

Chicken Parmesan  
with Marinara  
Garlic Bread Stick

Sliced BBQ Beef Brisket  
Potato Salad  
Corn on the Cob

Homestyle Pork Tenderloin Sandwich  
with Lettuce and Tomato  
Curly Fries

Lasagna  
French Bread  
Herbed Fresh Green Beans

BIG Cilantro Lime Carnitas Burrito  
with Rice and Black Beans

Garden Vegetable Rotini

Homestyle Chicken Noodle

Red Pepper Smoked Gouda Bisque

Chicken Fiesta

Broccoli Cheddar

28

29

30

31

Toasted Ravioli with Marinara  
Side Salad

Pot Roast  
Mashed Potatoes & Brown Gravy  
Herbed Carrots

Crispy Chicken Sandwich or Buffalo  
Tater Tots  
Pickle Spear

Meatloaf  
Mashed Potatoes and Gravy  
Sweet Cream Corn

## MEAL PRICING KEY

\$6.50

\$6.85

Italian Wedding Soup

Chicken Wild Rice

Cajun Chicken Gumbo

Broccoli Cheddar

Café Hosts a Selection of Hot and Cold Breakfast Items Available Daily



**Biscuit & Gravy**  
\$0.50 OFF  
All Month

### Wednesday Desserts

- 10/2 Chocolate Butterscotch Cake
- 10/9 Cinnamon Swirl Cheesecake
- 10/16 Mississippi Mud Pie
- 10/23 Kit Kat Layer Cake
- 10/30 Pie Box Candy Bar Pie



Stop in on 10/31  
for TREATS!