



Hot Meal Calendar September 2021

SHAMROCK cafe



417.829.2999 ext.2999

Monday

Tuesday

Wednesday

Thursday

Friday



MEAL PRICING KEY

\$6.95

\$7.30

1
Chicken Tenders with Sauce
Potato Salad
BBQ Baked Beans

2
Pot Roast
Mashed Potatoes & Brown Gravy
Herbed Carrots

3
No Hot Meal Today



6
7
Chicken Fried Steak
Mashed Potatoes & Cream Gravy
Buttered Corn
Roll and Butter

8
Tuscan Baked Ziti
Garlic Butter French Bread
California Blend

9
Pork Carnitas
Spanish Rice
Refried Beans

10
BBQ Beef Brisket Stuffed Potato
Side Salad

13
Orange Chicken with Broccoli
Served over White Rice
Egg Roll

14
Crispy Chicken Sandwich or Buffalo
Tater Tots
Pickle Spear

15
20th ANNIVERSARY
Meatloaf
Mashed Potatoes and Gravy
Sweet Cream Corn

16
Soft or Hard Shell Tacos
Jalapeno Corn Soufflé
Refried Beans
or
Taco Salad

17
Tuscan Lasagna
Side Salad
Bread Stick

20
Beef Stroganoff
Roll with Butter
Herbed Baby Carrots

21
Grilled Chicken
Tortellini Alfredo
Monaco Vegetable Blend

22
Parmesan Crusted Chicken
Scalloped Potatoes
Herbed Green Beans

23
Chipotle Lime Carne Asada
Stuffed Burrito
with Chips and Salsa

24
3 Cheese Spaghetti and Meatballs
Herbed Green Beans
Garlic Butter French Bread
or
Meatball Sub with Chips and Pickle

27
BBQ Pulled Pork Sandwich
Taters
or
Pulled Pork Nachos

28
Burrito Enchilada Style
Selected Toppings
with Chips and Salsa

29
Loaded Baked Potato
Side Salad

30
General Chicken with Peppers and Onions
Served over White Rice
Egg Roll



Café Hosts a Selection of Hot and Cold Breakfast Items Available Daily



Wednesday Desserts

- 09/01 Coconut Cream Pie with Meringue
- 9/8 Keylime Cheesecake
- 9/15 DBD Birthday Cake
- 9/22 Chocolate Swirl Cheesecake
- 9/29 Garden Fresh Strawberry Layer Cake



Sandwich of the Month

Beef Po'Boy
Sliced White Hoagie with
Grilled Roast Beef, Po'boy Sauce, Sliced
Tomato, Lettuce & Spicy Mayo