



# Hot Meal Calendar October 2022

# Kraft Heinz



417.881.2701 ext.7742

Monday	Tuesday	Wednesday	Thursday	Friday
3 Fried Pork Tenderloin Mashed Potatoes & Gravy Buttered Corn Roll and Butter	4 Chicken Tenders with Sauce Potato Salad BBQ Baked Beans	5 BBQ Beef Brisket Twice Baked Cheddar Mashed Potatoes Buttered Corn	6 Pot Roast Mashed Potatoes & Brown Gravy Herbed Carrots	7 Homestyle Chicken Pot Pie Side Salad
Red Pepper Gouda Bisque		Homestyle Chicken Noodle		Loaded Baked Potato
10 Pork Carnitas Burrito or Bowl Spanish Rice Refried Beans	11 Beef Stuffed Ravioli in Tomato Cream Sauce Side Salad Bread Stick	12 Parmesan Crusted Chicken Scalloped Potatoes California Blend	13 BBQ Pulled Pork Sandwich Served with Taters on Brioche Bun or Pulled Pork Nachos	14 Tuscan Lasagna Side Salad Garlic Butter French Bread
Red Pepper Gouda Bisque		Broccoli Cheddar		Loaded Baked Potato
17 Toasted Ravioli Bread Stick Side Salad	18 Burrito Enchilada Style Selected Toppings with Chips and Salsa	19 Crispy Chicken Sandwich or Buffalo On Brioche Bun Tater Tots Pickle Spear	20 BBQ Beef Brisket Twice Baked Cheddar Mashed Potatoes Buttered Corn	21 Soft or Hard Shell Tacos Jalapeno Corn Soufflé Refried Beans or Taco Salad
Red Pepper Gouda Bisque		Homestyle Chicken Noodle		Loaded Baked Potato
24 General Chicken with Peppers and Onions Served over White Rice Egg Roll	25 Italian Sausage Oven Baked Ziti California Blend Bread Stick	26 Meatloaf Mashed Potatoes and Gravy Sweet Cream Corn	27 3 Cheese Spaghetti and Meatballs Herbed Green Beans Garlic Butter French Bread or Meatball Sub with Chips and Pickle	28 Chipotle Lime Carne Asada Stuffed Burrito or Bowl Served with Chips and Salsa
Red Pepper Gouda Bisque		Broccoli Cheddar		Loaded Baked Potato

31  
Sweet & Sour Chicken  
Served over White Rice  
Egg Roll



All Hot Meals  
\$7.90

Café Hosts a Selection of Hot and Cold Breakfast Items Available Daily



### Sandwich of the Month

Gyro  
Toasted Pita Bread Stuffed with Grilled  
Meat, Lettuce, Tomato, Cucumber,  
Red Onion and Tzatziki Sauce

### Wednesday Desserts

10/5 Harvest Apple Cake  
10/12 Caramel Apple Swirl Cheesecake  
10/19 Triple Chocolate Cake  
10/26 Halloween Candy Bar Pie



